

**PSEA Department of Pupil Services Annual Conference
Ramada Inn & Convention Center-State College**

**“DPS: CULTIVATING STUDENT SUCCESS”
August 5-6, 2015**

Wednesday, August 5, 2015

- 8:45 a.m. **Registration for Pre-Conference Attendees**
- 9:30 a.m. **Pre-Conference Training –
A.L.I.C.E. Training
Rich Horner, Police Officer for the Trinity Area School District**
The purpose of ALICE (Alert, Lockdown, Inform, Counter, Evacuate) training is to prepare individuals to handle the threat of an Active Shooter. ALICE teaches individuals to participate in their own survival, while leading others to safety. Though no one can guarantee success in this type of situation, this new set of skills will greatly increase the odds of survival should anyone face this form of disaster.
- 12:30 –
1:45 p.m. **Lunch on Your Own**
- 1:00 - 8:00 p.m. **Registration** - Conference Registration Desk
- 1:00 – 7:00 p.m. **Exhibits/Vendors** - Conference Lobby
- 1:45 - 3:15 p.m. **Annual Meeting/Presentation
Evaluation of Education Specialists: An Update
Carla Claycomb, PhD., PSEA**
As education specialists complete the first year of the Educator Effectiveness Project for nonteaching professionals, PSEA members continue to grapple with questions related to the new evaluation system. This session will provide an opportunity to review what we have learned through the first year of implementation and continue to refine issues related to the design and administration of the new system.
- 3:30 - 5:30 p.m. **Section Meetings**
- Home & School Visitor/School Social Workers Section Meeting
Suicide Prevention
Stephanie Luke & Peter Fidgett**
QPR stands for Question, Persuade, and Refer -- 3 simple steps that anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor. QPR can be learned in our Gatekeeper course in as little as one hour.
- School Counselors Section Meeting
The Changes and Challenges of the Professional School Counselor
Barbara Micucci, 2010 ASCA School Counselor of the Year, Coordinator of Arcadia University School of Counseling, and Elementary School Counselor Upper Merion School District**
Discussion that will address the ASCA Mindsets and Behaviors, School Counselor Evaluation, the Reach Higher initiative and other recent changes to the profession.

School Dental Hygienist Section Meeting

Let's Face It: The Dental and Medical complications of Mouth Breathing

Jane Balavage, RDH

This course will focus on Orafacial myofunctional therapy that may be effective in managing symptoms and providing solutions associated with ailments such as, sleep apnea, poor digestion, headaches, periodontal disease, and Temporal Mandibular Joint Dysfunction. The technique of myofunctional therapy re-patterns the oral and facial muscles to promote proper tongue position, improves breathing and oxygen levels, and aides in correct chewing and swallowing. Proper head and neck postures will also be addressed. This course will also focus on oxygen levels in children and adults to attain total body health and brain development. Increasing oxygen levels rebuild and reboot the cells throughout the body and brain.

School Nurses Section Meeting

Update on School Health Information

Beth Anne Bahn, Director, Division of School Health, PA Department of Health

Beth Anne Bahn will review the status of school health programs in Pennsylvania, including program requirements for the coming year. The review will be instructive, informative, and vital to the smooth operation of school health programs operated by the public schools.

School Psychologists Section Meeting

Ginny Kelbish, School Psychologist Section President

Open discussion to compare the use of school psychologist evaluation tool in the districts represented. We will also discuss topics and concerns from the group related to school psychology.

Selective Mutism in the Schools: Addressing the needs of the student and the staff who serve them

Working as a team with the parent, teacher, guidance counselor, and community professionals

5:45 - 7:15 p.m. **Dinner Options**

- On Your Own; or
- Pre-Registered DPS Dinner
- **School Dental Hygienists with Beth Anne Bahn – PJ Harrigan's Bar and Grill**
Update the CSDH in conjunction to the PA school system utilizing the CSDH Rubric Assessment, the SHAARS Reimbursement System, and any PA school law changes.

7:15 - 7:45 p.m. **Conference Opening – Greetings from PSEA Officer**

7:45 - 9:15 p.m. **General Session**

Erasing the Stigma

Carl Antisell and Jackie Ricciardi

Through personal narratives and educational information, Minding Your Mind speakers Carl Antisell and Jackie Ricciardi discuss mental health and the stigma which surrounds those with mental health issues. Carl Antisell addresses his use of addictive substances from a very young age to relieve his ongoing anxiety and depression. Jackie Ricciardi shares her experience of trying to make everyone believe that her life was perfect on the outside, while inside she was secretly falling apart due to her battle with depression, anxiety and self-harm. Together, Jackie and Carl provide valuable insight into the challenges mental health issues present and the many ways to overcome those obstacles. Topics addressed include stigma reduction, anxiety, depression, substance abuse, self-harm, bullying and positive coping mechanisms.

9:30 - 10:45 p.m. **Social – Popcorn/snacks and BUNCO!**

Thursday, August 6, 2015

7:30 - 8:15 a.m. **Registration/Continental Breakfast**

8:15 - 9:45 a.m. **General Session**

Navigating Stormy Seas: Serving LGBTQA Youth in Underserved Areas

Mary Jo Podgurski, RNC, EdD, Director, The Washington Health System Teen Outreach

This interactive workshop will explore innovative ways to provide services to LGBTQA youth in underserved areas. The presenter co-founded the first GSA (Gay Straight Alliance) in her county in 2005. Her Teen Outreach's educational drama group, the Real Talk Performers, will present with her and perform original plays on the topic.

9:45 - 10:00 a.m. **Break**

10:00 a.m. **General Session**

Legal Update for DPS Members

Leslie Collins, Esquire, PSEA Staff Attorney

The speaker will provide updates from the legal universe that may impact DPS members in Pennsylvania. The presentation will also include a review of judicial and administrative decisions including regulatory and statutory changes.

11:30 a.m. –
1:00 p.m. **Lunch**

1:15 - 2:45 p.m. **Breakout Sessions I**

A. Dating Violence – It Can Happen to Anyone

Dr. Gary Cuccia

Sixteen-year-old Demi Brae Cuccia was your typical teenager. She adored her family and friends and was a popular cheerleader in her high school. Having never been in a serious relationship before, she was unaware that some of her boyfriend's behaviors were not healthy. She thought he was just a little too jealous, a little too possessive, and a little too controlling. He had even tried to convince her to quit the cheerleading squad, but this didn't seem life-threatening. Demi didn't comprehend the lethal situation in which she was entangled. Demi's father hopes that his daughter's story will help others before they are in too deep.

B. Chronic Inflammation & Depression

Jane Balavage, RDH

This course will discuss how our bodies are affected by chronic inflammation and infection. When prolonged, it can prompt fatigue, melancholy, headaches, dizziness and visual disturbances. Stress, dental caries, periodontal disease, diabetes, obesity are all contributors of chronic inflammation. Let us Prevent Inflammation and Chase the Blues Away.

C. Eating Disorders

Wendy Cramer, MEd and Sarah Bertin, RD

Participants will learn the signs and symptoms of anorexia, bulimia and binge eating disorder as well as understand the psychological issues underlying the eating disorder and identify the risk factors for developing an eating disorder. Finally, participants will explore both positive and negative ways to approach someone with an eating disorder

D. Crisis Response in Our Schools

Bradley W. Orsini, Special Agent, Federal Bureau of Investigation

A crisis can be described as an unpredicted and traumatic event that is overwhelming for those who experience it. Schools today need to be prepared for a crisis situation with crisis management now becoming a responsibility for all educators. This presenter will share the critical incidents that have taken place in our schools (PA specific and firsthand experience) along with the crisis response and lessons learned.

2:45 - 3:00 p.m. **Break**

3:00 - 4:30 p.m. **Breakout Sessions II**

A. Emerging Pathogens and Response in the School Setting

Julie Paoline, Montgomery County Health Department Director of Communicable Diseases

Schools inherently foster the transmission of infections from person to person because they are a group setting in which people are in close contact and share supplies and equipment. However, schools also can be instrumental in keeping their communities healthy and can take measures to control disease transmission following the identification of a disease event. This course will better prepare school settings for disease events and will encourage collaboration between the school staff and the local and/or state health department.

B. Human Trafficking

Bradley W. Orsini, Special Agent, Federal Bureau of Investigation

Human trafficking is a form of modern-day slavery where people profit from the exploitation of others. It is one of the fastest growing criminal industries in the world. Traffickers reap billions in profits by using force, fraud or coercion to rob victims of their freedom through labor or commercial sex. In Pennsylvania, victims of sex and labor trafficking include U.S. citizens, foreign nationals, minors and adults. Participants will learn about the types of Human Trafficking and the laws working to stop it. Specific case examples in Pennsylvania will be shared as well as learning how to identify victims.

C. How Would You Know? Signs & Symptoms of Drug Impairment

Corporal Scott M. Davis, State DUI/DRE Coordinator

This session will review the signs and symptoms of drug impairment on the body's systems. Attendees will be provided with the necessary information to complete a thorough assessment of a student suspected of impairment and determine whether or not a student is impaired due to a medical condition or drug use

D. Non-Suicidal and Suicidal Behaviors Among Youth: Best Practice Recommendations and Cautions

Paula S. McCommons, Ed.D., Director of STAR-Center Outreach and

Mental Health Liaison for Allegheny County Student Assistance Program Western Psychiatric Institute and Clinic of UPMC Presbyterian Shadyside

This interactive workshop will review the underlying mental health issues often associated with non-suicidal self-injurious (NSSI) behavior. Characteristics of NSSI Youth and Families will be offered along with a review of protective and risk factors for at-risk youth. Protocols and best practice strategies to address NSSI, including the use of safety plans, will also be discussed. Finally, participants will have an opportunity to practice some self-care and emotional regulation techniques to use for themselves and their students.

4:30 - 4:45 p.m. **Program Conclusion/Award Door Prizes**